

DON'T LAY YOUR LIFE ON THE LINE



COURSE
DURATION
1 DAY

WORKING AT HEIGHT TRAINING

Designed to provide participants with the sufficient understanding of the potential hazards while working at height and their effective controls as to prevent incidents from happening. Participants will be able to know the:

- Definition of Working At Height
- Hazard Awareness
- Hierarchy of Controls
- Rescue at Height
- Basic Scaffolding Awareness
- Ladder Awareness
- Falling Objects
- Understanding of Collective Protection Measures
- Understanding of Personal Protective Measures
- Details on different types of Fall Arrest System
- Inspection & Correct wearing of a Fall Arrest System
- Risk Assessment
- H.I.P. Development for given activities



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